

2012 Leadership comes from within says expert

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Leaders don't have to look too far for the right answers as they change the game from inside out, according to a new book that is ready to go on sale online starting this week. Hot off the press Wendy Appel's InsideOut Enneagram is a fresh look at what it takes to be an effective leader. Appel stresses that the shift to more effective and authentic leadership in the new world of work comes from within.

Appel, considered an Enneagram expert, encourages would-be game-changers to embrace this ancient system and look inside before talking out.

"We are each wired in an individual way that effects how we show up as the leader we are today and the leader we can be – in business, in community, and in life," she said.

Pitched as a leadership guidebook, it is also a good read as Appel bravely shares how her 20-year relationship with the Enneagram is transformational. She uses numerous 'real life' stories and examples to make her case.

UK-based Eric Nicoli, CBE, chairman R&R Music and former chairman, EMI Group, described InsideOut Enneagram is a "compelling read that is fresh, inviting and real."

"I will use it to unleash previously un-tapped inner resources in my on-going personal quest to improve my management approach," he said.

Meanwhile, cultural Anthropologist Angeles Arrien, PhD, dubbed the work as an "invaluable resource for anyone who wants to be more consciously self-aware of how to become more effective, in all aspects of life."

"InsideOut Enneagram is an inspirational, insightful, and practical guidebook," Arrien said.

Prior to putting fingers to keyboard to produce this 450-page read, Appel carved a name for herself as seasoned consultant, strategist, coach and public speaker specialising in organisational development, coaching, and change leadership.

She said that the Enneagram has been fundamental to her work for the last two decades.

"I have seen this process equip countless individuals with the tools to navigate their inner landscapes and effectively explore worldviews, interrelationships and transform results, to boot."

- **TradeArabia News Service**

